

SEMINAR SCHEDULE

Saturday, March 5th, 2011:

St. Joseph's Parish Day School
217-55 100 Avenue,
Queens Village, NY 11429

10:00 AM — 12:00 PM
12:00 PM — 12:30 PM (BREAK)
12:30 PM — 2:30 PM

Sunday, March 6th, 2011:

Long Island Shotokan Karate Dojo
130 Jericho Turnpike
Floral Park, NY 11001
(516) 488-7382

10:00 AM — 12:00 PM
12:00 PM — 12:30 PM (BREAK)
12:30 PM — 2:30 PM
3:00 PM — **Kyu and Dan Grading**
(SKIF members only)

Saturday, March 5th, 2011:

Dinner at 6:30 PM — Location TBA

FEE SCHEDULE

Adult (15 years old and more):

\$115.00 for all classes
(*grading not included*)
\$85.00 for one day seminar

Youth (9 to 14 years old):

\$65.00 for all classes
(*grading not included*)
\$40.00 for one day seminar

Dinner — \$40.00 per person

ACCOMMODATIONS

Quality Inn Express
256-15 Jericho Turnpike,
Floral Park New York 11001
Phone# 718 343-9600

**Group rates available for reservations
made prior to February 5th, 2011:**

Group Rate Name: **SKIF Long Island
Group**

Rates:

Double at \$129.00 plus tax per night
Single at \$99.00 plus tax per night
Note: Only ten rooms available at this rate

Holiday Inn —

No group rate; please call for rates
369 Old Country Road,
Westbury, New York 11514
Phone # 516 977-5000 (front Desk) or
1-888-890-0242

LONG ISLAND SHOTOKAN



S.K.I.F. – NEW YORK

LONG ISLAND SHOTOKAN

130 Jericho Turnpike
Floral Park, NY 11001
(516) 488-7382

(646) 523-8726 *Sensei Nichiporuk*

(Note: A late fee charge of \$15.00 will incur
on forms received after the deadline of
February 18, 2011)



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LONG ISLAND SHOTOKAN



S.K.I.F. – NEW YORK

Present

Manabu Murakami Sensei



March 5th & 6th, 2011



Sensei Manabu Murakami currently holds the rank of 7th Dan and runs all SKIF international affairs. Sensei has twice won the SKIF world Championships and has an impressive run of results, to date his achievements are:

- ⑤ 3rd SKIF Championships, Team Kumite and Kata..... 1st Place.
- ⑤ 4th SKIF Championships, Individual Kumite..... 1st Place.
- ⑤ 5th SKIF Championships, Team & Individual Kumite..... 1st place.
- ⑤ 7th SKIF Championships, Team Kumite..... 1st Place.
- ⑤ 8th SKIF Championships, Team & Individual Kumite..... 1st Place.

Born on 1st October 1966 in Kyushu, an island off the south of Japan, he started practicing Karate at the age of 9 years with JKA instructor Sensei Maruo. When Sensei Kanazawa formed SKIF he immediately joined his organization in the 70's. At 18 Sensei Murakami studied at Takusoku University in Tokyo where previously, Sensei's Kanazawa, Miura, Asano, Nagai and Kawasoe had all studied. When graduating he took the two year SKIF Instructors course at the central SKIF Dojo and has remained there to this day.

As Sensei Manabu Murakami said "you should have fun practicing Karate and if you motivate yourself you will get better each time. Look for

that motivation which will stimulate you to enjoy it, then you will go far".

SKIF

Shotokan Karate-do International Federation (SKIF) was established in 1978 by Kancho Hirokazu Kanazawa who had studied directly under Grand Master Gichin Funakoshi, the founder of Shotokan Karate-Do. Kanazawa Sensei was the Director and General Manager for Foreign Affairs Division of the Japan Karate Association before he founded SKIF. SKIF, a Government recognized Specified Non Profit Organization in Japan has been expanding its activities since its founding and now has affiliated groups in over 130 countries with several millions members worldwide.

The philosophy of Shotokan Karate-do is based on the traditional budo spirit of karate which seeks for the perfection of character through hard training and discipline. In addition to the traditional philosophy underpinned by the Rei-to-Setzu and Dojo-Kun, SKIF also seeks for the healthy mental and physical growth of youth and peaceful international exchange of friendships through the training and competition.



Funakoshi Sensei



Kancho Kanazawa

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SEMINAR APPLICATION

NAME: _____
 ADDRESS: _____
 CITY, STATE, ZIP: _____
 PHONE: _____ EMAIL: _____
 DOB: _____ AGE: _____
 DOJO: _____ RANK: _____
 KYU DAN Test: Yes Rank testing for: _____
(All testing and certification fees have to be paid in USD.)

Seminar fees:	Total
Adult (15 years old and more)	
<input type="checkbox"/> Weekend (\$115.00)	_____
<input type="checkbox"/> 1 day course (\$75.00)	_____
Youth (9 to 14 years old)	
<input type="checkbox"/> Weekend (\$65.00)	_____
<input type="checkbox"/> 1 day course (\$40.00)	_____
Dinner on Saturday at 6:30 PM (location TBA)	
# to attend: ___ at \$40.00 per person	_____
<i>(limited seating – prepayment required)</i>	Total: \$ _____

Waiver and Release of Liability

I, (print name) _____, intend to participate in the above open Karate-do Training Seminar sponsored by Mount Vernon Shotokan Karate and Long Island Shotokan Karate. I hereby acknowledge that there are possible risks of bodily injury involved in participating in the special training and related activities. I hereby accept such risks and waive and release any and all claims and expenses against organizer or instructors with this open course including SKIF New York.

I further agree that any pictures or video taken of me in connection with this open Karate-do course may be used for publicity or promotion or for personal use by the organizers of this event without compensation to me.

I fully understand this Participation Waiver & Release and I am signing it voluntarily.

Signature _____ Date _____
 Guardian _____ Date _____
(If participant is under 18 years old)